

SDS National Voice 2025 – Supporting unpaid carers to achieve positive outcomes

Independent support activity	Carers of West Lothian	PKAVS Carers Centre
Providing advice and information about the process of getting support	●	●
Providing advice and information about what support a carer may be eligible for	●	●
Signposting to community supports when a carer is not eligible for support through the Local Authority	●	●
Helping to request an Adult Carer Support Plan (ACSP)	●	●
Helping to prepare for an Adult Carer Support Plan (ACSP)	●	●
Helping to complete an Adult Carer Support Plan (ACSP)		
Helping to identify personal outcomes	●	●
Helping to change a support plan	●	●
Helping to understand the options for delivering and managing support	●	●
Helping to understand how to use a support budget flexibly	●	●
Providing advice and information on how to manage a Direct Payment		●
Helping to manage a Direct Payment		
Providing advice and information on recruiting and managing personal assistants		●
Helping to advertise for personal assistants		●
Helping to deal with an issue with personal assistants		
Helping to complete a risk assessment		
Helping to speak to the Local Authority about support	●	●
Helping to challenge Local Authority decisions	●	●
Helping to access peer support	●	●
Providing advice and information about carers' right	●	●
Providing formal advocacy support		
Supporting self-advocacy for carers	●	●